

Employee Assistance Program

Let us help

Practical Help for Life's Challenges

There are times in all of our lives when we need a little help. No matter what the issue, the EAP is available 24 hours a day, seven days a week with support, guidance and resources.

Program Features:

- Assistance for your immediate household family members
- Face-to-face counseling sessions
- 24-hour, 7-day a week telephone and Web access
- Referral to legal and financial consultation
- Access to information and resources for child and elder care concerns
- Convenience Services
- Wellness Coaching
 - On-line services
 - Articles on a variety of work/life topics, including mental health, parenting, relationships and workplace issues
 - Child and elder care searches
 - Financial tools and calculators
 - Legal document library



Connect with us for confidential support or to learn more

Make the right decisions for you and your family with help from your EAP.

For immediate assistance, contact us at **1.800.272.2727** or visit workhealthlife.com/us.